



Taking bookings now for a brand new baby massage course

Suitable for newborns to pre-crawlers

www.rubba-bubba.com

Benefits include:

- Improves the special Parent-baby bond
- Reduces symptoms of colic, painful wind and constipation
- Helps stimulate and support baby's co-ordination, circulation, digestion, learning and language development
- And most importantly- a relaxing and fun activity for both parent and baby

Tuesday's 1pm-2pm

Llangennech community hall

(The Morlais room)

Next to The Bridge Inn

£15 to secure your place!!

(Limited space)

See the website for details:

www.rubba-bubba.com

Tash: 07833259477 or Tash@Rubba-bubba.com